

External: What outside things would the world notice about you? For an extra challenge: see if you can make them rhyme!

ME Map

Name _____

This is what makes me

me

ME!

Internal: What parts of your brain do you think help to make you who you are?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

Internal: What feelings are behind the things you do and say?